



2023 NPC KY OPEN/KY STATE

BODYBUILDING FIGURE BIKINI PHYSIQUE CLASSIC & WELLNESS

CHAMPIONSHIP

A NATIONAL QUALIFYING EVENT

August 19, 2023

DATE: Saturday, August 19, 2023 – Prejudging: 9:00 am. – Evening Finals: 5:00 p.m.

DEADLINE: After August 16, **add an additional \$50 late fee. No entries after check in is over!**

LOCATION: Central Bank Center, at Rupp Arena, Lexington, KY 430 W Vine St, Lexington, KY 40507

LODGING: Hyatt Regency at Lexington Center (Room Rate \$) 401 W High St, Lexington, KY 40507 Ask for contest rate while rooms last.

MANDATORY CHECK-IN for ALL competitors Friday, August 19 at the Central Bank Center, Lexington, KY 430 W Vine St, Lexington, KY 4050

(Bodybuilding AND Classic Men's must wear posing suits at check-in.) You will be sent out to get your suit!

- 6:00-8:00 PM All Divisions:
- **ALL ATHLETES MUST CHECK-IN FRIDAY EVENING.** There will be no late weigh-in on Saturday morning.

ATHLETE BRIEFING: Saturday, August 19, 8:00 a.m. Central Bank Center at RUPP

ELIGIBILITY: This contest is open to all NPC registered athletes who meet the following requirements:

- Possess a current 2023 NPC card (**unregistered athletes may purchase cards for \$135 at check-in**).
- **KY Open** Men's & Women's BB, Classic MP, Figure, Bikini, Wellness and Men & Women's Physique are NPC national qualifying events. Collegiate, Teen, Masters and Novice are not national qualifying events.
- **KY State** Men's & Women's BB, Classic MP, Figure, Bikini, Wellness and Men & Women's Physique are NPC national qualifying events.
- Novice-Never placed 1st in your division.
- True Novice-1st time competing or 1st time in a division.
- Teen, Collegiate and Masters must show proof of age and or college enrollment.
- Contestants in the **KY Open** Bodybuilding, Classic, Figure, Physique, Wellness, & Bikini are open to all states.
- Contestants in the **KY State** Bodybuilding, Classic, Figure, Physique, Wellness, & Bikini **must show proof of Kentucky residency**

AWARDS: Trophies will be presented to athletes 1st through 5th place in each weight group or class.

MUSIC: Each CD must contain only one track, must be pre-set, must be limited to 60 seconds, and must bear the contestant's name.

NO VULGAR MUSIC IS PERMITTED! THE COMPETITOR WILL BE DISQUALIFIED!

POSING LIMIT: Bodybuilding, Classic Women's BB and Women's Physique, your posing routines are limited to 60 seconds. **No exception!**

ENTRY FEE: Make check or money order for \$115.00 payable to KY OPEN. **(Crossovers include an additional \$115 for each division checked)**

Mail Entry Form and Payment to KY OPEN, P.O. Box 355, Stanford, KY 40484.

TICKETS:

Saturday:

Pre-Judging 9 am **(EST)**

General \$30.00 at the door open seating.

Evening Finals 5:00 pm **(EST)**

General \$35.00 at the door open seating.

Evening Finals 5:00 pm **(EST)**

V.I.P. All Day Pass: \$60.00 Roped off & numbered area up front V.I.P. seating for prejudging and Finals \$60.00 **(Pre-ordered only)**

TAN PRODUCTS: **Sun tan products will not be allowed in the building or Host Hotel.** www.liquidsunrayz.com will be back stage.

CONTACT: For questions, ticket requests, or official entry form contact Tina Goode (859) 319-2122

fax (859) 365-0208 www.kyopenbodybuilding.com or e-mail kyopenbodybuilding@gmail.com



2023 NPC KY OPEN/KY STATE BODYBUILDING FIGURE BIKINI & PHYSIQUE CHAMPIONSHIP A NATIONAL QUALIFYING EVENT August 19, 2023

COMPETITION DIVISIONS:

<p><u>BODYBUILDING</u></p> <p>TRUE NOVICE BB 1 class 5 places</p> <p>HERO'S & 1st RESPONDERS 1 class, 5 places</p> <p>MEN'S NOVICE BB 4 classes, and overall.</p> <p>MASTERS MEN OVER 40+ 1 class, 5 places</p> <p>MASTERS MEN OVER 50+ 1 class, 5 places.</p> <p>MASTERS MEN OVER 60+ 1 class, 5 places.</p> <p>KY OPEN MEN'S BB NATIONAL QUALIFIER 6 classes, and overall.</p> <p>KY STATE MEN'S OPEN BB NATIONAL QUALIFIER 6 classes, and overall.</p> <p>KY OPEN WOMEN'S BB NATIONAL QUALIFIER 2 classes, and overall.</p> <p>KY STATE WOMEN'S OPEN BB NATIONAL QUALIFIER 2 classes, and overall.</p>	<p><u>MEN'S PHYSIQUE</u></p> <p>TRUE NOVICE MEN'S PHYSIQUE 1 class 5 places</p> <p>MASTERS MEN'S PHYSIQUE 35+ 1 class, 5 places.</p> <p>MASTERS MEN'S PHYSIQUE 45+ 1 class, 5 places.</p> <p>MASTERS MEN'S PHYSIQUE 50+ 1 class, 5 places.</p> <p>MASTERS MEN'S PHYSIQUE 50+ 1 class, 5 places</p> <p>HERO'S & 1st RESPONDERS 1 class, 5 places</p> <p>NOVICE MEN'S PHYSIQUE 4 classes 5 places and overall</p> <p>KY OPEN MEN'S PHYSIQUE NATIONAL QUALIFIER 4 classes 5 places and overall.</p> <p>KY STATE MEN'S PHYSIQUE NATIONAL QUALIFIER 4 classes 5 places and overall</p> <p><u>WELLNESS</u></p> <p>TRUE NOVICE 1 class 5 places</p> <p>MASTERS 35+ 1 class, 5 places</p> <p>HERO'S & 1st RESPONDERS 1 class, 5 places</p> <p>NOVICE CLASSIC 2 classes 5 places and overall</p> <p>KY OPEN WELLNESS NATIONAL QUALIFIER 3 classes, and overall</p> <p>KY STATE WELLNESS NATIONAL QUALIFIER 3 classes, and overall</p>	<p><u>BIKINI</u></p> <p>TRUE NOVICE BIKINI 1 class 5 places</p> <p>COLLEGIATE BIKINI 1 class 5 places</p> <p>MASTERS BIKINI 35+ 1 class 5 places</p> <p>MASTERS BIKINI 45+ 1 class 5 places</p> <p>MASTERS BIKINI 50+ 1 class 5 places</p> <p>HERO'S & 1st RESPONDERS 1 class, 5 places</p> <p>NOVICE BIKINI 3 classes 5 places and overall</p> <p>KY OPEN BIKINI NATIONAL QUALIFIER 4 classes 5 places and overall.</p> <p>KY STATE BIKINI NATIONAL QUALIFIER 4 classes 5 places and overall.</p> <p><u>WOMEN'S PHYSIQUE</u></p> <p>WOMEN'S PHYSIQUE MASTERS 35+ 1 class, 5 places</p> <p>HERO'S & 1st RESPONDERS 1 class, 5 places</p> <p>KY OPEN WOMEN'S PHYSIQUE NATIONAL QUALIFIER 2 classes 5 places and overall.</p> <p>KY STATE WOMEN'S PHYSIQUE NATIONAL QUALIFIER 2 classes 5 places and overall</p>	<p><u>FIGURE</u></p> <p>TRUE NOVICE FIGURE 1 class 5 places</p> <p>NOVICE FIGURE 3 classes 5 places and overall</p> <p>MASTERS FIGURE 35+ 1 class, 5 places.</p> <p>MASTERS FIGURE 40+ 1 class, 5 places.</p> <p>MASTERS FIGURE 50+ 1 class, 5 places.</p> <p>KY OPEN FIGURE NATIONAL QUALIFIER 4 classes and overall</p> <p>KY STATE FIGURE NATIONAL QUALIFIER 4 classes and overall</p> <p><u>CLASSIC PHYSIQUE</u></p> <p>TRUE NOVICE CLASSIC PHYSIQUE 1 class 5 places</p> <p>MASTERS CLASSIC PHYSIQUE 35+ 1 class, 5 places.</p> <p>NOVICE CLASSIC PHYSIQUE 2 classes 5 places and overall</p> <p>KY OPEN CLASSIC PHYSIQUE NATIONAL QUALIFIER 3 Classes and overall</p> <p>KY STATE CLASSIC PHYSIQUE NATIONAL QUALIFIER 3 Classes and overall</p>
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2 Shows, One Day

KY OPEN-**NATIONAL QUALIFIER**- ALL DIVISIONS FOR THE KY OPEN ARE **OPEN TO ALL STATES**.

KY STATE-**NATIONAL QUALIFIER**- ALL DIVISIONS FOR **KY RESIDENTS ONLY**

www.kyopenbodybuilding.com

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